

Carolina Woman

September, October, November 2019

A publication of North Carolina United Society of Friends Women

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In this issue:

**Pictures from NCUSFW annual meeting on August 17, 2019. Officers' Reports, Birthdays of Workers and their families, "Greensheet" projects, Advocate Subscription form
New check transmittal form for your treasurer**

PRESIDENT'S MESSAGE

Jan Dough

"Make every effort to keep the unity of the Spirit through the bond of peace." Ephesians 4:3

Our new theme for the 2019-2020 year is "Finding a Way" and is based on Ephesians 4:3. I realized after being invited to join the USFWI's board meeting that each year's theme is not just randomly picked but selected carefully with prayer and God's guidance. The chosen scripture speaks to me continuously as the year goes on. As I'm writing this article, I'm coming off a weekend spent at Quaker Lake. Quaker Lake is the most peaceful spot on this earth to me. It brings me back to a time of spiritual awareness, formation, and renewal. When I returned home and turned on the news, I was saddened to hear of the mass shootings that occurred in Texas and Ohio. Words cannot express the feelings that such acts bring. We all have a responsibility to spread love and peace in our world. Our theme this year is so needed in our world today.....Unity in the Spirit..... a Bond of Peace. This will be a challenge to each of us, to take this message and implement it in our lives, our circles, our meetings, our work, our state and our nation.

Three years ago, at our Annual Gathering I took on the job of President of NC USFW. As Brenda McKinney handed me a box full of notebooks, I felt a sense of panic. Brenda, recognizing the look in my eyes, smiled and said, "You will enjoy this, and the three years will fly by." I went home doubtful. Well Brenda, you were right! I did enjoy it and the time flew by. There are not words to describe the blessings I've received over the past few years. It's been a time of learning, understanding and spiritual revival. I thank each of you for your prayers and support. Thank you to our board members – past and present – for their service and dedication to the mission work of NC USFW. When you reach the end of something it's always good to reflect and evaluate. I suppose you will always feel that there was more that could be done and grateful for accomplishments that were successful. We've faced our obstacles and continued our support of local and foreign missions. "We can make our plans, but the Lord determines our steps," Proverbs 16:9

(NLT)

At our Annual Gathering we installed our new NC USFW officers. Janet Robbins will serve as your new president. Janet has served on the board in several different positions and comes ready with new ideas and continued support for growth in our NC USFW. Along with her please welcome Sherry Hylton as your Vice President, Alicia Sharpe as Treasurer, and Sarah Cox as Literature and Reading Secretary. Together with the remaining NC USFW officers they will work to serve and nurture our projects and missions. Thank you again for the opportunity you've given me to serve the NC USFW.

PEACE AND CHRISTIAN SOCIAL CONCERNS

Linda Kersey

In a previous article I called your attention to Marian Baker's report from East Africa from an article in the January/February 2019 Advocate. Also, I called your attention to Judy Craven's article from The Carolina Woman. This month I want you to meet a beautiful young lady from Bethel Meeting, in Asheboro. Mariah Hartsell is a starting Freshman at UNCG where she has already made the cheerleading squad. She gave our devotions at the Spring Conference at Quaker Lake. Those attending our conference were so blessed and inspired by her words. She put into the devotional a lot about God's presence with her during her time volunteering with the Quaker Lake Camp (Bible School) in Jamaica. I was able to have her write a brief piece on the value of Volunteering. Read on:

Throughout my life, I've always been taught that helping others is one of the most important things that we can do as Christians. When I was 14, I had the opportunity to volunteer at Randolph Hospital, as well as at Quaker Lake Camp. I volunteered at both of these places for 3 years.

Last summer, I had the opportunity to travel to Jamaica on a mission trip and volunteered at Quaker Life Camp with lots of Jamaican children! I learned so much with all of these experiences. I learned the value of taking time to slow down and give the people around you time to get to know them and make them feel important; I learned that putting others before yourself can bring more gratitude and humbleness to your life than anything else in the world; Finally, I learned that you're able to find who you are, and who you are meant to be, by serving others.

Just about everything that you do impacts somebody and to be able to impact somebody in a way that they could remember and could change their life, serves such a great purpose. Your greatness is not nearly what you have, but what you give. I'm so thankful that I have been able to have such wonderful opportunities to volunteer, and am excited for the opportunities that lie ahead; volunteer work is never done, and is always important.-Mariah Hartsell :)

Our verse, Mark 5:9 "*Blessed are the peacemakers: for they shall be called the children of God*" expresses why Mariah was such a blessing to us and to the children in Jamaica. She is a PEACEMAKER and a child of God.

Last month I gave a puzzler in my article. One smart lady answered my puzzler and won a 20\$ certificate to her favorite restaurant and an Advocate subscription to a person of her choice. (She already receives the Advocate and that is why she could answer my puzzler) This time I have a puzzler for you: Using my article this month and the latest Advocate answer two Questions. (In case I hear from lots of you, I will give a 20\$ gift certificate to your favorite restaurant and an Advocate subscription to the first five correct answers)

Puzzlers: #1. Which meeting does Mariah Hartsell attend?

#2. In the March-April 2019 ADVOCATE tell me how the drum returned to MESQUAKIE FRIENDS and how they plan to use it.

When you feel you have the answers to these two questions please email me at linx5432@gmail.com.

CHILDREN AND YOUTH EDUCATION

Denise E. Barnes

Back to School!

The return to school, starting a new grade with new teachers and students, even new schools are huge for children and their families. It is important for meetings to include this during worship so that: children realize that they and their lives are important to the meetings, that they are significant members, that God is with them at school and their church family cares about what happens to them there. There are many ways to recognize the beginning of the school year. My meeting's Christian Education Committee is sponsoring a "Back to School" event in late August. We also raise funds to purchase school supplies for all of the new kindergartners in the area public schools. Another way to acknowledge the return to school is "The Blessing of the Backpacks". There are many ways to do this, depending on the size of the congregation. These are all wonderful ways to emphasize to children the following:

- Children are Jesus' hands and feet at school.
- God will be with them every day at school (no matter how good or bad things are going, God will be there).
- God loves them always (no matter what).
- God loves you whether you get A's or F's (God loves the under-achievers just as much as the super-achievers).

In Romans 12:2, Paul said, "Do not conform to the pattern of this world, but be transformed by the renewing of your mind." This is what school is all about! Children change and grow by learning new things, and Paul was hoping that learning will help us all better understand the choices that God would have us make. Paul also said in Romans 12: 6, "We have different gifts, according to the grace given to each of us." Everyone in God's family has been blessed with various strengths and gifts. Children will experience this within their classrooms and it's important to remind them of this at the beginning of the school year. Our meetings should recognize this special time of year, its importance to the children of the meeting and their parents, support their efforts and achievements, and emphasize that God is with them every day and loves them, all of the time.

CHRISTIAN SERVICE

Judy Craven

Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace. Eph. 4:2-3

"Finding A Way" is our new theme for 2019-2020. This scripture guides our thinking about being in unity as we seek to serve and fulfill God's purpose in our lives and in our work as NCUSFW. A news report I saw about beached pilot whales on Florida's coast showed a large group of people working hard to get the whales back in deeper water. The reporter's comment was "that was unity in action". Immediately I thought of NCUSFW ladies and how dedicated we are, how purposeful we are in our efforts, and how much we enjoy working together on the jobs at hand. I'm reminded over and over of the value of being part of a USFW circle as I speak to local USFW presidents across the state.

Bethesda Friends USFW is busy helping a local homeless shelter, Beacon Mission, with household items, food, clothing and toys. This ministry extends to a local prison as books are supplied to the inmates from their church library. They have also learned that donations of reading books are welcome in area nursing homes. Donations are being sent to a community in Kentucky for under-privileged children. Infant items, like diapers, blankets, and towels, and shoes of various sizes are needed. Being able to help these children is very rewarding for the Bethesda ladies.

Christian service projects of Concord Friends USFW Circle 2 include Angel Tree gifts for needy school children along with “pounding” help for their families, Christmas bags for several Concord Friends members or children of members who are serving in the US military, and supporting FEMAP with donations and helping to pack kits at the Allen Jay House on a Wednesday during the year. A favorite project for Circle 1 and Circle 2 at Concord Friends has been providing birthday parties for the residents of a local nursing home. Each circle chose a month during the year to bring joy to the residents with birthday cake and all the trimmings, small gifts for those having birthdays during that month and lots of fellowship and fun. Circle 1 has recently learned that they won’t be allowed to have their usual fall birthday party due to a change in management at the nursing home. The ladies of Circle 1 have begun a new ministry called “Sunshine Bags”. They stuff bright yellow bags with several items- yellow tissues, cheese crackers, anything yellow, and a special cheery note of encouragement. These bags are given to shut-ins, those enduring long illnesses and anyone suffering loss. Another project of Circle 1 is supporting RSWR (Right Sharing of World Resources) to help women around the world to become self-sufficient.

FEMAP is busy packing items for all the kits- hygiene, infant, school, and farm workers every Wednesday from 10:00 AM until 2:00 PM. Donations have been received from 18 monthly meetings (churches) this year. Kits have been distributed to schools, homeless shelters, food pantries, retirement centers, and migrant worker centers in North Carolina and western Virginia. The small stuffed bears made by many volunteers have been used by several police departments to help calm children caught in the midst of violence. High Point and Guilford County Fire Departments have recently asked for some of these bears to assist them when children are frightened with the loss of their homes to fire. Most needed items with the onset of winter are yarns for making toboggans and scarves. Cotton yarn is needed to make dishcloths for sale at NCUSFW Fall Conference. Be sure to check the FEMAP Facebook page for information on ways you can help this ministry.

North Carolina United Society of Friends Women 2019 Greensheet Projects

Sept	*Membership Apportionment \$5.00 per active member ** NCUSFW Scholarship fund
Oct	*Keys to the Kingdom USFWI 2019 1- Belize: Student Services 2- Triennial Travel Assistance (USFW YM Clerks) 3- The <i>Advocate</i> subsidy 4- Adult Education in Belize
Nov	*United Thank Offering USFWI 2019 1-Jamaica: Pastoral Care 2-Kenya – Turkana/Samburu Missions 3-Kenya - Turkana/Samburu Pastors (32 Pastors) 4-Kenya – Friends Theological College Extension Program
Dec	**MOWA Choctaw **Friends Disaster Service

***USFWI Projects **NC USFWI Projects**

NORTH CAROLINA SOCIETY OF FRIENDS WOMEN TREASURER'S REPORT*Jean Christy, Treasurer*

January	Eliza Armstrong Cox Fellowship Scholarship Fund	\$1,615.25
	Interest Earned Mollie Cooper Fund CD (Jan-Dec)	\$15.79
	Interest Earned EAC Fellowship Scholarship Fund	\$1.06
	FTC Scholarship Fund	\$1,090.25
	Interest Earned FTC Scholarship Fund	\$1.06
February	Peace and Social Concerns USFWI 2019	
	1-Cuba: Quaker Institute of Peace	\$555.52
	2-Right Sharing of World Resources: Samson Ababu Support	\$655.52
	3-East Africa Friends Church Peace Team: Getry Agizah	\$681.80
	4- Belize: Director of Friends Center	\$525.16
	FEMAP-Friends Emergency Materials Assistance Program	\$1,097.00
March	Four Funds USFWI 2019	
	1-Love Fund: Belize: Oscar Siema Mmbali	\$1,232.50
	2-Faith Fund: Kenya: Robert Wafula	\$1,372.50
	3-Hope Fund: Ramallah: Adrian Moody	\$1,232.50
	4-Joy Fund: Kenya: Katrina & Shawn McConaughy	\$1,132.50
April	Christian Service USFWI 2019	
	1- North America: Mesquakie Friends Center	\$1,025.20
	2- North America:MOWA Choctaw Friends Center	\$1,010.20
	3- North America: Kickapoo Friends Center	\$1,010.20
	4- Kenya: Lugulu Adopt-a-Bed	\$1,249.40
May	Friends Homes Quaker Assistance Fund	\$1,200.00
	Spring Conference Offering - Quaker Lake	\$2,564.00
June	NC USFW Projects	\$1,280.00
	Matamoros, Mexico Missions	\$840.00
July	Children & Youth USFWI 2019	\$880.00
	1- Ramallah: Amari Play Center Feeding Program	
	2- Kenya: Turkana/Samburu Girl's Secondary Education	
	3- Belize: Friends School Feeding Program	
	4- Ramallah: Eli & Sybil Jones Scholarship Fund	
August	Annual Gathering Offering:	\$125.00
	1- Friends Center: Guilford College	
	2- Special Project (TBD)	

September	80% Membership Apportionment to USFWI	\$152.00
	20% Membership Apportionment to Scholarship Fund	\$38.00
	NCUSFW Scholarship Fund	\$100.00
October	Keys to the Kingdom USFWI 2019	\$65.00
	1- Belize: Friends School Student Services	
	2- Triennial Travel Assistance (USFW YM Clerks)	
	3- <i>The Advocate</i> subsidy	
	4- Belize: Adult Education	
November	United Thank Offering USFWI 2019	\$60.00
	1-Jamaica: Pastoral Care	
	2-Kenya: Turkana.Samburu Missions	
	3-Kenya: Turkana/Samburu Pastors (32 pastors)	
	4-Kenya: Friends Theological College Extension Program	
December	MOWA Choctaw-NCYM	\$732.50
	Friends Disaster Service-NCYM	\$1,082.50
Other Contributions		
	Eliza Armstrong Cox Fellowship (50% USFWI, 50% Scholarship)	\$150.00
	Friends Theological College	\$315.00
	Robert Wafula	\$140.00
	Adopt-a-Nurse	\$150.00
7/8/19		\$25,377.41

Jean Christy, NCUSFW treasurer 2549 Cottage Place Greensboro, NC 27455

I hope that you are looking forward to the Fall season as much as I am. I enjoy the cooler mornings as I go out to work at 6:00am. The tree colors of gold, red and orange are so vibrant and beautiful. I see God's handiwork so much more in late August and September. May you be blessed as you go into a time of thankfulness and joyfulness.

Jean Christy, Treasurer

Note: the last page of this newsletter is the new form that NC USFW treasurers need to send with their payments (whenever a payment is sent). This will help funds to be credited to the desired project. Continue to mark on your check, but also send this form with your contribution. Thank you.

SCHOLARSHIP*Lee Van Hughes*

Please remember to reward your USFW members with the Eliza Armstrong Cox Fellowship Life Membership. Also, begin to encourage young Friends to apply for a scholarship between January 1 and March 15, 2020. Students are eligible to receive a scholarship for a maximum of four years and must be a participating member of a Meeting that actively participates in North Carolina USFW. Scholarship applications will be found online at the NCFC and NCFE websites.

Lee Van Hughes NCUSFW Scholarship Chairperson 336-318-5649

ELIZA ARMSTRONG COX LIFETIME FELLOWSHIP MEMBER.

The Eliza Armstrong Cox Lifetime Fellowship membership is an honor and recognition for service and dedication to the meeting and NCUSFW. Circles will submit \$25 per nomination. (\$12.50 goes to USFWI and \$12.50 goes to the Eliza Armstrong Cox Scholarship Fund). A certificate signed by the USFWI President as well as the NC USFW President is sent to the Circle who submits the name(s) for recognition. Nominations can be made at any time of the year but members are recognized at the Annual Gathering in the fall each year.

Member(s) to be recognized:

Meeting : _____

Name and Address of person to receive Certificate(s):

Date: _____

Enclose \$25.00 **per nominee** payable to NCUSFW and send to the NCUSFW Treasurer with your check. Add \$7.00 if a pin is also requested. Thank you for your support of the Eliza Armstrong Cox Scholarship Fund.

Copy this form as needed, thank you

NOTE FROM NC USFW HISTORIAN*Adis Beeson****MEMORIALS***

As a way to remember those who have passed on, we take time at our Spring Conference each year to thank God for their service and faithfulness. We also remember those members who have left the Yearly Meeting but were members prior to the separation, as well as the members who may have left their meeting due to retirement or relocation in their last years.

Please list names below of members who pass away this year. Names may be sent to Adis Beeson at any time during the year; Memorials are read at the NCUSFW Spring Conference.

Year _____ Meeting: _____

Name(s) _____

Mail or email Adis Beeson, Historian - 4305 Beeson Farm Road, Sophia, NC 27350

abee123@northstate.net.

Copy this form as needed, thank you

STEWARDSHIP

Linda Anderson

“But this I say: He who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. So let each one give as he purposes in his heart, not grudgingly or of necessity; for God loves a cheerful giver.” (2 Corinthians 9:6-7).

When I read this passage of scripture, I am reminded that God wants us to use our time, our talents and our treasures for His good work. However, we live in a society and culture today where God’s work is often low, or even at the bottom, of our priority list. I would like to share the following inspirational lines (author unknown), which are filled with truth and wisdom, and also beg the question, “Where is God on your priority list?”

- Isn’t it strange how a \$100 dollar bill seems like such a large amount when you donate it to the church, but such a small amount when you go shopping?
- Isn’t it strange how endless an hour seems when we are serving God, but how short it is when we watch a football game for 60 minutes?
- Isn’t it strange how two hours seem so long when you’re at the church and how short they seem when you’re watching a good movie?
- Isn’t it strange that you can’t find things to say when you’re praying, but you have no trouble on thinking what to talk about with a friend?
- Isn’t it strange how difficult and boring it is to read one chapter of the Bible but how easy it is to read 100 pages of a popular novel?
- Isn’t it strange how everyone wants front-row-tickets to concerts or games, but they do whatever is possible to sit at the last row in the church?
- Isn’t it strange how we need to know about an event for the church two to three weeks before the day so we can include it in our agenda, but we can adjust it for other events in the last minute?
- Isn’t it strange how difficult it is to learn a fact about God to share it with others, but how easy it is to learn, understand, extend and repeat gossip?
- Isn’t it strange how we believe everything that magazines and newspapers say, but we question the words in the Bible?
- Isn’t it strange how everyone wants a place in heaven, but they don’t want to believe, do, or say anything to get there?
- Isn’t it strange how we send jokes in e-mails and they are forwarded right away, but when we are going to send messages about God, we think about it twice before we share it with others?

BIRTHDAYS OF WORKERS AND THEIR FAMILIES

September 20 Christopher Wilkinson

October 5 Robert Wafula

8 Joseph Wood

11 Mac McDonald

November 10 Brad Wood

13 Beth Moody

25 Berny McDonald

29 Adrian Moody

LITERATURE*Darla Anderson*

Greetings Ladies of NCUSFW! This is my last time greeting you as your NCUSFW Literature Secretary. I have enjoyed serving you in this capacity, but now it is time for me to step aside. Sarah Cox from Bethel Friends will be our new Literature Secretary. I hope you will continue to support our reading program as you have in the past. Remember, when you buy your books from our Literature Secretary, we get a profit on the sale, and the profit goes into our Eliza Armstrong Cox Scholarship Fund.

Happy Reading!

The Advocate Subscription Form

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Address _____

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Email _____

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1 yearUS \$15.00 2 year.....30.00 3 years...40.00

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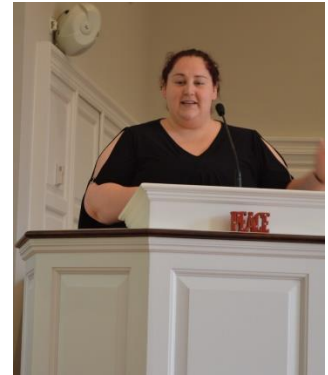
Pictures from our NCUSFW Annual Meeting At First Friends, Greensboro on August 17, 2019



Jan McVay
Guest Speaker



Wess Daniels
Guilford Friends Center



Carrie Ritter
Friends Campus Ministry



Back row: Linda Kersey, Judy Craven, Jan Dough
Second row: Rita Mintmier (USFWI), Jean Christy, Janet Robbins, Sherry Hylton, Jessica Jarvis
Front row: Etta Florence Winslow (USFWI), Mary Anna McCullen (USFWI), Edith Shepherd,
Rausie Hobson, Alicia Sharp, Adis Beeson, Lee Van Hughes
Not pictured: Denise Barnes, Linda Anderson